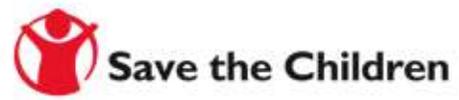




real fathers.

REAL FATHERS INITIATIVE

**Anjalee Kohli
on behalf of the
IRH, STC collaboration
SVRI Forum 2019**



real fathers.

**Addresses the intersection of
intimate partner and child violence**

**Promotes positive engagement of
male caretakers**

An effective, scalable approach

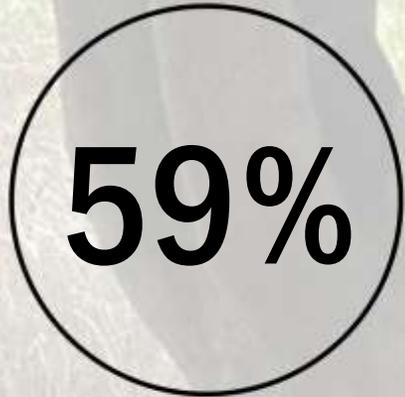
**Developed with **Save the Children
International****



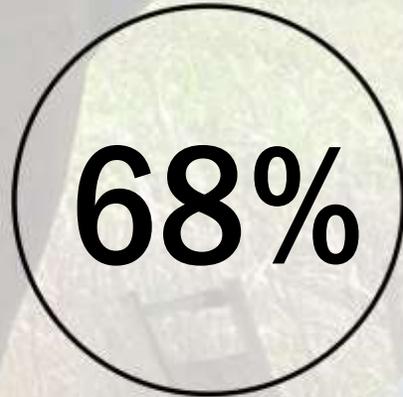
The magnitude of the problem is **significant**.

IN UGANDA, BEFORE AGE 18

girls



boys



PHYSICAL VIOLENCE

girls



boys



SEXUAL VIOLENCE

real fathers initiative overview

Integrated scale-up

2015 – 2017 | Karamoja and Northern
Uganda

Objectives:

- Reduce physical punishment of children and IPV
- Improve parenting attitudes and confidence in using nonviolent discipline
- Foster acceptance of non-traditional gender roles in parenting
- Increase demand for voluntary family planning





real mentoring program

14 points of contact over 6 months with each young father:

- 5 individual sessions
- 2 couples sessions
- 7 group sessions

Community posters

- images and emotion-based messages to catalyze reflection

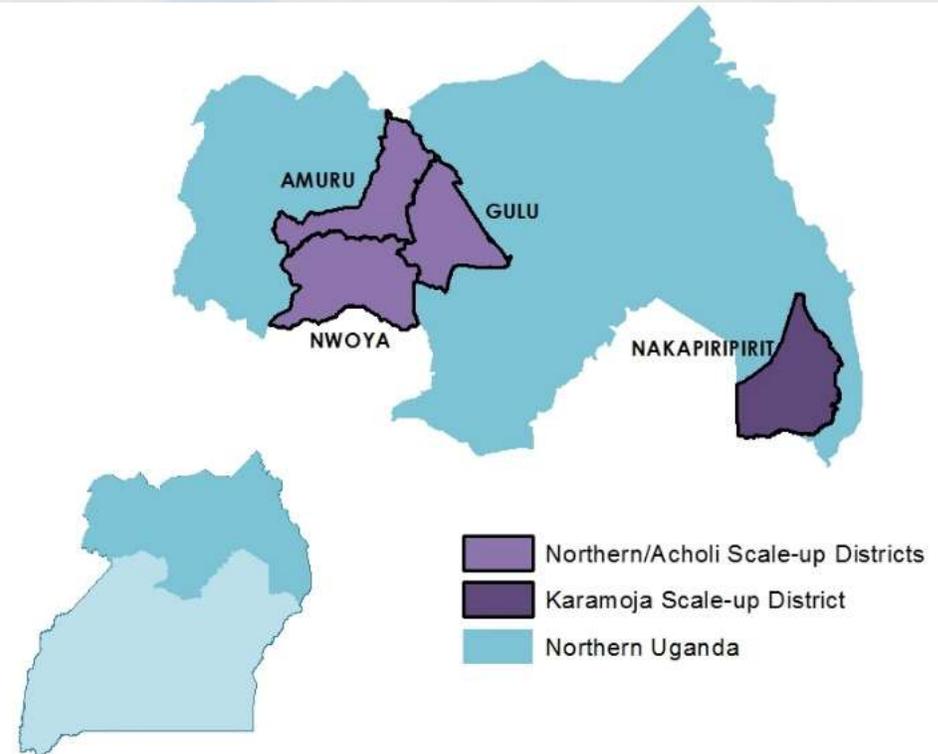
Community celebrations

integrated scale up: 2016-2018

1 Testing scale-up through **integration** through Save the Children platforms:

- Livelihood program in Northern Uganda (YIED)
- Early education program in Karamoja, Uganda (ECCD)

2 Addition of family planning component



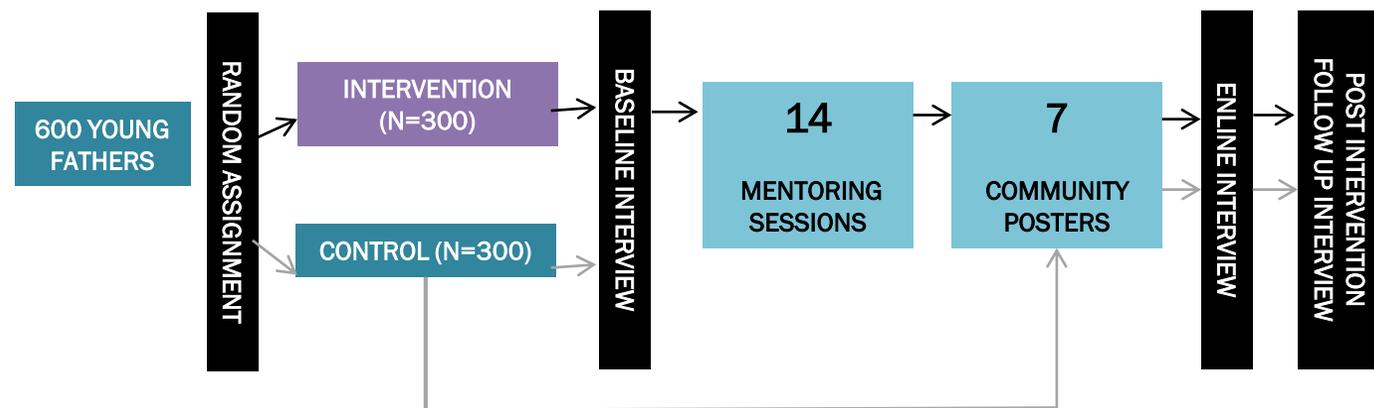
evaluation design

1 Surveys per site (Northern Uganda*, Karamoja)

- 300 intervention young fathers
- 300 control young fathers

2 Life History Interviews with 20 Fathers

3 In-depth Interviews with 10 Wives/ Partners



participant characteristics



	Northern Uganda		Karamoja	
	Int.	Control	Int.	Control
Mean age	23	22	23	23
Some or complete primary education	56.8	61.1	29.2	27.4
Employed as farmer	89.3	94.4	91.2	90.6
Witness domestic violence as child	70.1	64.4	70.4	74.7
Experienced physical violence as child	87	86.1	76.9	72.2

baseline: some or frequent IPV

real fathers

control group

20.4%

18.8%

NORTHERN UGANDA

real fathers

control group

45.6%

30.5%

KARAMOJA

FEWER REAL Fathers report use of IPV at endline and one year later

1

KARAMOJA

REAL	Baseline 45.6%	Endline 11.6%	One Year Later 16.3%
Control	Baseline 30.5%	Endline 29.8%	One Year Later 31%

2

NORTHERN UGANDA

REAL	Baseline 20.4%	Endline 8.5%	One Year Later 5.6%
Control	Baseline 18.8%	Endline 19.1%	One Year Later 13.7%

REAL Fathers are significantly likely to NOT use IPV after intervention, and one year later

NORTHERN UGANDA



2.15
(1.28, 3.63)

Endline



2.90
(1.51, 5.58)

One Year
Later

KARAMOJA



3.45
(2.15, 5.52)

Endline



3.20
(2.09, 4.90)

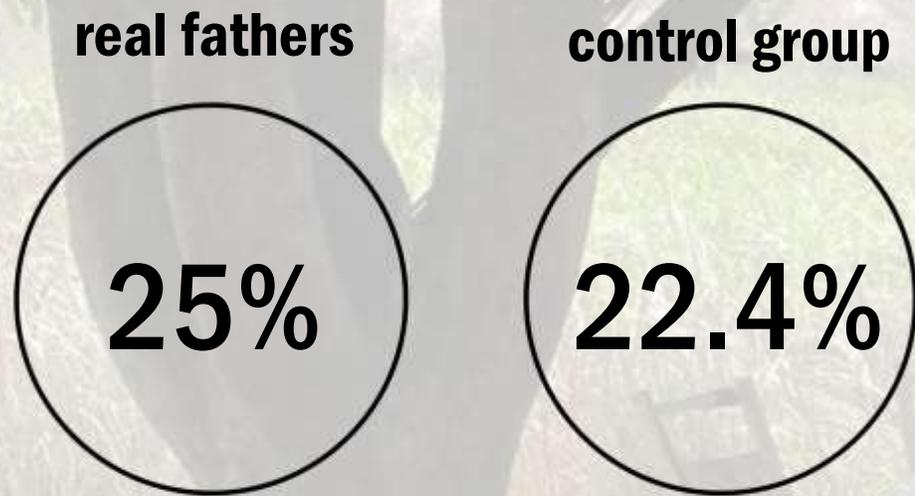
One Year
Later



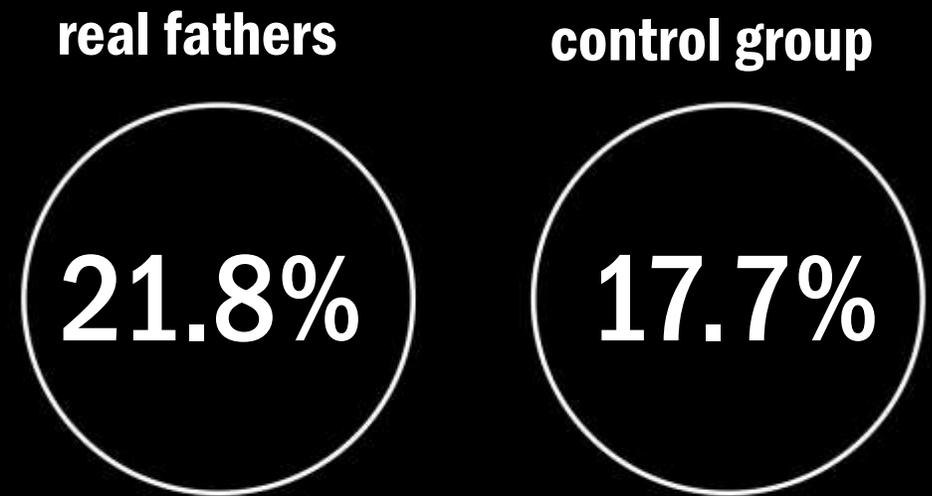
REAL Fathers express appreciation for and listen to their wives.

REAL Fathers express themselves and their feelings significantly more often with their wives

harsh punishment of young children is common at baseline...



NORTHERN UGANDA



KARAMOJA

and frequent use of positive parenting strategies is common

real fathers

control group

65.6%

64%

NORTHERN UGANDA

real fathers

control group

62.6%

61.8%

KARAMOJA

FEWER REAL Fathers report frequent physical harsh punishment at endline and one year later

1	KARAMOJA	REAL	Baseline 21.8%	Endline 5.5%	One Year Later 13.4%
		Control	Baseline 17.7%	Endline 18%	One Year Later 30.4%
2	NORTHERN UGANDA	REAL	Baseline 25%	Endline 10.1%	One Year Later 8.5%
		Control	Baseline 22.4%	Endline 21.6%	One Year Later 26.4%

REAL Fathers more frequently use positive parenting practices at endline and one year later

1	KARAMOJA	REAL	Baseline 62.6%	Endline 81.5%	One Year Later 75%
		Control	Baseline 68.1%	Endline 70.1%	One Year Later 57.6%
2	NORTHERN UGANDA	REAL	Baseline 65.6%	Endline 84.4%	One Year Later 79.9%
		Control	Baseline 64%	Endline 73.5%	One Year Later 70.8%

REAL Fathers parent discipline practices significantly improve and are sustained

	Northern Uganda		Karamoja	
	Endline	One Year Later	Endline	One Year Later
Harsh punishment (None vs. a lot)	1.98 (1.34, 2.93)	2.79 (1.92, 4.05)	2.14 (1.46, 3.12)	3.59 (1.53, 5.10)
Positive parenting (None vs. a lot)	0.47 (0.30, 0.74)	0.58 (0.38, 0.89)	0.52 (0.32, 0.86)	0.36 (0.24, 0.54)
Confident in positive parenting	3.24 (1.96, 5.33)	2.57 (1.69, 3.91)	1.88 (1.31, 2.70)	4.53 (2.88, 7.14)



REAL Fathers prevents frequent harsh punishment, elevates positive parenting and father's confidence in parenting

building the case for REAL in violence prevention

- ✓ 7-month SBC fatherhood mentoring program can reduce IPV and violence against children both in short and long term
- ✓ Interview female partners to validate findings
- ✓ Fatherhood mentorship program found to be effective at scale, but systematic documentation of adaptation needed when moving contexts
- ✓ Potential to effectively integrate into other programming



REAL Fathers Implementation Guidelines

Real Fathers Initiative

<http://irh.org/resource-library/real-fathers-implementation-guidelines/>

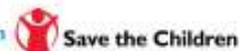
REAL FATHERS INITIATIVE

An effective, mentoring initiative to build young fathers' positive parenting practices and prevent men's violence in the home



Implementation Guidelines for Adaptation and Use

2019



questions?

